

Student and Teacher Well-being in CLIL

PROVISIONAL PROGRAMME & ORGANISATIONAL DETAILS

PROVISIONAL PROGRAMME

Arrivals and settling into accommodation

Day 1

Orientation, introductions

Perspectives on well-being (e.g. subjective vs objective, social, physical, digital)

Factors impacting student and teacher well-being in general

High-impact strategies influencing student achievement

Field study – outdoor activity

Day 2

What is and is not CLIL?

CLIL Essentials – identifying CLIL features that promote well-being

Impact of physical movement on learning (research overview)

Benefits of Outdoor Learning / Examples of CLIL & outdoor learning

Integrating movement into lessons in order to increase learning – adapting strategies

Day 3

Critical thinking / Adopting, adapting & creating activities

Intended learning outcomes for content and language

Adopting / adapting language outcomes for own context

Field study – exploring Irish nature and literary history (incl. structured group assignments)

Day 4

Your photos and impressions from day 3

Scaffolding – adopting, adapting and creating strategies

Exploring subjective well-being

Social-emotional learning (SEL) elements

Exploring tools for building socio-emotional competence

Day 5

Feedback & feedforward / Adopting, adopting & creating strategies

Strategies for teacher and student assessment of attitudes, self-awareness & well-being

Summarising elements of student and teacher well-being in CLIL

Course evaluation & farewells

ORGANISATIONAL DETAILS

Course facilitators	Peeter Mehisto, UK/Estonia Tuula Asikainen, Finland
Daily schedule	09:00 – 16:00 (including 1-hour lunch break, other shorter breaks will be jointly agreed upon)
Course locations	Galway, Ireland (29 June- 3 July 2026) Tallinn, Estonia (28 September – 2 October 2026)
Course venues	University of Galway Campus Tallinn: To be confirmed
Course objectives	Participants will: <ul style="list-style-type: none">• gain insights into well-grounded CLIL practice• experience and test in course activities ways how to support learning and well-being.• gain insights into how to enhance students' achievement and physical & psychological well-being.• develop ideas for activities & strategies to adapt to own practice.
Course fee	470€ per participant (400€ for tuition & materials & 70€ administrative costs)
Certification	Certificates of attendance specifying the total number of hours and the main course contents will be awarded. Europass certificates will be issued on request.
Course organiser	CLILedu , Notaarintie 1 b 26, 90650 Oulu, Finland Business ID & VAT number (= Fiscal code) FI17430621 OID : E10213087