

# ***OUTDOOR CLIL***

## ***Outdoor Learning and Well-being in CLIL***

### **PROVISIONAL PROGRAMME & ORGANISATIONAL DETAILS**

#### **PROVISIONAL PROGRAMME**

Arrivals and settling into accommodation

##### **Day 1**

Orientation, introductions

High-impact strategies influencing student achievement

Defining Outdoor Learning / Outdoor Education

What is and is not CLIL?

Outdoor CLIL activity 1

##### **Day 2**

Perspectives on well-being and wellness / Scopes of well-being  
(e.g. subjective vs objective, social, physical, digital)

Factors impacting student and teacher well-being in general

Benefits of Outdoor Learning

Examples of CLIL & outdoor learning/environmental education

Outdoor CLIL activity 2

##### **Day 3**

Physical activity and learning

Critical thinking / Adopting, adapting & creating activities

Social-emotional learning (SEL) elements

Exploring tools for building socio-emotional competence

Outdoor CLIL activity 3

##### **Day 4**

Your photos and impressions from day 3

Exploring subjective well-being

Impact of physical movement on learning (research overview)

How to integrate movement into lessons in order to increase learning

Outdoor CLIL activity 4

## Day 5

Feedback & feedforward / Adapting, adopting & creating strategies

Strategies for teacher and student assessment of attitudes, self-awareness & well-being

Summarising elements of CLIL in outdoor / environmental education

Course evaluation & farewells

## ORGANISATIONAL DETAILS

### Course facilitators

Peeter Mehisto, UK/Estonia

Tuula Asikainen, Finland

### Daily schedule

09:00 – 16:00 (including 1-hour lunch break, other shorter breaks will be jointly agreed upon)

### Course location

Rovaniemi, Finland (1-5 June 2026 & 24-28 August 2026)

### Course venue

Hotel Aakenus, Koskikatu 47, Rovaniemi

### Course objectives

Participants will:

- gain insights into well-grounded CLIL practice
- experience how outdoor/environmental CLIL works in practice
- develop ideas for activities & strategies to adapt to own practice
- gain insights into how outdoor CLIL can enhance students' achievement and physical & psychological well-being.

### Course fee

470€ per participant (400€ for tuition & materials & 70€ administrative costs)

### Certification

Certificates of attendance specifying the total number of hours and the main course contents will be awarded.

Europass certificates will be issued on request.

### Course organiser

**CLILedu**, Notaarintie 1 b 26, 90650 Oulu, Finland

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